Dynamic Cushion Testing for Shock Absorption and Vibration Attenuation
Agenda

• Review of Webinars #1 – 3
• Cushion Systems Defined
• Vibration Dynamics of Cushion Systems
• Shock Dynamics of Cushion Systems
• Designing the Optimum Cushion System
  o Selecting Cushion Thickness
  o Static Loading Determination
  o The Use of Ribs (non-linear cushions)
• Other Issues: (fabrication factors, nesting, corner protection, test procedures, etc.)
Review of Webinar #1

• History and background of Packaging Dynamics
• Terminology and Lingo
  – Time domain vs. frequency domain
  – Single degree of freedom spring mass system
• Common Packaging Dynamic hazards
  – Vibration
  – Impact (shocks and drops)
  – Compression (static and dynamic)
Review of Webinar #2

Step 1: Define the Environment

Step 2: Define Product Fragility (or Sensitivity)

Step 3: Cushion Material Performance Evaluation

Step 4: Package Design

Step 5: Test the Product/Package System
Define the Distribution Environment by **QUANTIFYING** all the **Hazards** Capable of Causing Damage to the Product.

- **Impacts**: determine the anticipated drop height range, number, and orientation of the likely impacts.
- **Vibration**: Determine the vibration spectrum that envelopes all the vehicles in which the product will likely travel.
- **Temperature & Humidity**: Determine extreme levels and likelihood of occurrence.
- **Top Load Compression**: Quantify the max stack height and duration in distribution and storage.
- **Altitude**: Determine the maximum altitude exposure (minimum pressure) for both truck and aircraft shipment.
Review of Webinar #2

**Sources of Information:**
- Direct Measurement of the Distribution Environment
- Literature Search and Historical Records
- Observation
- Damage Claims

**Other Concerns**
- Cost of Data
- Validity of Data
- Time Available to Collect Data
Review of Webinar #3

Step 1
• Define the Environment

Step 2
• Define Product Fragility (or Sensitivity)

Step 3
• Cushion Material Performance Evaluation

Step 4
• Package Design

Step 5
• Test the Product/Package System
In Webinar #3, we quantified this bar.

**PROTECTIVE PACKAGE:** That device which limits environmental input to a level below product fragility.
Cushion Test & Design

In this Webinar #4, we will quantify this bar.

PROTECTIVE PACKAGE: That device which limits environmental input to a level below product fragility.
Define the Terms

“Cushion”

“Static Loading”

“Non-linear”

**Cushion**: Any device or material that will deflect in response to an applied dynamic load resulting in a longer duration and lower peak acceleration response.
Define the Terms

**Static Loading**: (product weight / cushion area)

Normally expressed in pounds/square inch (psi)

or

Kilograms/square meter (kg/m²)

or

Grams/square centimeter (g/cm²)

Most commonly used cushion materials (polymer foams) function best in the loading range of 0.5 to 2.0 psi.
Define the Terms

Static Loading Examples

**A**
- Weight = 20 Lbs.
- Cushion area = 100 sq in
- Static Load = Weight/area
  - = 20 Lbs/100 sq in
  - = 0.2 Lbs/sq in
  - = .2 psi

**B**
- Weight = 20 Lbs.
- Cushion area = 50 sq in
- Static Load = Weight/area
  - = 20 Lbs/50 sq in
  - = 0.4 Lbs/sq in
  - = .4 psi

**C**
- Weight = 50 Lbs.
- Cushion area = 50 sq in
- Static Load = Weight/area
  - = 50 Lbs/50 sq in
  - = 1.0 Lbs/sq in
  - = 1 psi
Define the Terms

To determine cushion area from a target Static Stress level, simply reverse the formula:

Cushion area = Mass (Product weight)/Static Loading

EXAMPLE:  
Product weight = 47 pounds
Desired static stress loading = 0.75 psi
Cushion area = Mass/loading

= 47 lbs / 0.75 psi
= 63 sq in
Define the Terms

**Linear cushion system**: “The stress/strain characteristics of a cushion system follow a straight line as the stress (force) is varied.”
Vibration Dynamics

• Cushions are essentially springs.

• With a product (mass) on them, the result can be analyzed as a “spring/mass system.”
Vibration Dynamics

• Vibration DAMPING is a primary cushion function
• What is the DYNAMIC SPRING RATE of the cushion?
• In the last Webinar, we demonstrated how to determine the PRODUCT vibration sensitivity.
• Now we need to determine the CUSHION vibration characteristics for optimum package system design.
• “Vibration Cushion Curves” (called “Amplification/Attenuation Plots”) are developed by weighting a cushion, shaking it, and measuring the response.
In this model, the mass is adhered to the cushion so that the “spring” (cushion) works in both tension and compression.

In this model, the mass is isolated between 2 “springs” (cushions) so that the cushions work in compression only.
Vibration Dynamics

Westpak’s cushion test fixture mounted to a vibration test system (right)
For either method, the Spring/Mass system is excited (random or sine vibration) and the response/input ratio is plotted as a function of frequency.
Remember from the last Webinar?

What is “Resonance?”

Resonance is that characteristic of all structures (analyzed as spring/mass systems) wherein the response to a vibration input is greater than the input itself.

Response > Input

This is what we’re looking for

Image Source
http://www.edn.com/electronics-blogs/signal-integrity/4369617/Whang-that-ruler
Vibration Dynamics – Important Regions

1:1 Coupling
- Response = Input
- Q = 1

Amplification
- Response > Input
- Q > 1
- Damage occurs

Attenuation
- Response < Input
- Q < 1
- Vibration protection
Vibration Dynamics

• How do we build an Amplification / Attenuation (A/A) plot to design a package?
  – Load your cushion at a specific loading utilizing the fixture previously described
  – Excite your cushion with vibration
  – Identify your three important regions from the Transmissibility Plot
    • 1:1 Coupling
    • Amplification
    • Attenuation
  – Repeat for all static loadings
    • Typically minimum of 5 loading
Sample of Transmissibility Plots Overlay with Various Static Loadings

- **Resonant Frequency**
- **1:1 Ends**
- **Attenuation Begins**
Vibration Dynamics
Amplification / Attenuation Plot

• Point pick the three important regions in the Transmissibility Plots to build an A/A Plot.
Now if your product is a futuristic robot that has a fragile component with a resonant frequency of 70 Hz – How do you use this data?

1) Draw a horizontal line at the resonant frequency
2) Look at the “usable” range of the cushion, this is where your line falls into the attenuation zone
3) Design accordingly 😊
QUESTIONS??
Impact (shock) Dynamics

• This characteristic is measured using instrumented impacts resulting in a cushion curve.

• Typical procedures include:
  – ASTM D1596
  – ASTM D4168
  – MIL STD 26514E
Impact (shock) Dynamics

• How do we build a cushion curve plot to design a package?
  – Load your cushion at a specific loading
  – Impact (shock) your cushion and record peak decelerations (G’s)
    • Throw out first value
    • Average next four values
  – Repeat for the other static loadings
    • Typically minimum of 5 loadings
  – Repeat for other thicknesses
    • (if desired [optional])
Impact (shock) Dynamics

This is what the ASTM D1596 test looks like:
Impact (shock) Dynamics

This curve describes the amount of acceleration (or, more correctly, deceleration) transmitted through a given thickness of material as a function of static stress (loading) on the cushion and the drop height.
Impact (shock) Dynamics

A cushion curve shows **peak acceleration** on the vertical axis and static stress on the horizontal axis (static stress = weight/bearing area). Each curve is drawn from a minimum of 5 test points (static stress levels) and each test point is the average of the last 4 of 5 acceleration readings (impacts) of the cushion material.
Underloaded

- On the left side of the curve, the object does not have sufficient force (mass) to deflect the cushion and therefore resembles dropping a product onto a rigid surface
  - Underloaded cushion
  - Short pulse duration with high deceleration levels
Properly Loaded

• In the center of the curve, the object has sufficient force to deflect the cushion.
  – Optimally loaded cushion
  – Longer pulse with deceleration levels relatively low
Overloaded

• On the right side of the curve, the object has too much force (mass) and results in continuing right through the cushion and therefore bottoming out and can’t deflect anymore. At that point, it is the same as dropping the product onto a rigid surface
  – Overloaded cushion
  – Longer pulse with sudden deceleration due to cushion gradually stiffening and not being able to deflect anymore.
Impact (shock) Dynamics

It is desirable to use cushions in the lower portion ("belly") of the curve where performance is optimum. When the product critical acceleration, weight and design drop height are known, the usable static stress range of cushion area can be determined for a given material and thickness.

![Graph showing 36" Drop Height Cushion Curves (Average 2-5)](image)
Impact (shock) Dynamics - Example

Now if your product is a futuristic laser that has a fragile component with a critical acceleration (Ac) of 70 G’s – How do you use this data?

1) Draw a horizontal line at the Critical Acceleration
2) Look at the “usable” range of the cushion, this is where your line is UNDER 70 G’s
3) Design accordingly 😊
Assume the cushion material behaves as a linear spring and look solely at the total deflection necessary to achieve the required deceleration from the design drop height. This deflection is estimated by:

\[ \Delta x = \frac{2h}{A - 2} \]

where:

- \( \Delta x \) = cushion deflection in cm (or inches)
- \( h \) = drop height in cm (or inches)
- \( A \) = the required deceleration level (G's)
Designing the Optimum Cushion System

- $\Delta x =$ theoretical deflection necessary, not the overall cushion thickness.

- Most foam cushions will compress 40 to 60% before "bottoming out".

- More flexible materials such as polyurethane foam will compress up to 80% before it bottoms out.
Designing the Optimum Cushion System

**DESIGN EXAMPLE:**

A product has a fragility of 50 G's and a design drop height of 90 cm. (35 inches).

The theoretical deflection is calculated from the formula:

\[ \Delta x = \frac{2 \times 90}{50-2} = 3.75 \]

The resulting theoretical deflection is 3.75 cm

Total cushion thickness necessary for the individual materials is:

<table>
<thead>
<tr>
<th>MATERIAL</th>
<th>OPTIMUM STRAIN %</th>
<th>TOTAL THICKNESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPS foam</td>
<td>40%</td>
<td>9.4 (3.75/.4)</td>
</tr>
<tr>
<td>PE foam</td>
<td>50%</td>
<td>7.5 (3.75/.5)</td>
</tr>
<tr>
<td>Polyurethane foam</td>
<td>70%</td>
<td>5.4 (3.75/.7)</td>
</tr>
</tbody>
</table>
Static Loading Determination

- The optimum static stress loading is determined from a Cushion Curve and the Amplification/Attenuation Plot for that material.

- Any portion of the cushion curve that lies below the product fragility level will define a static stress loading capable of transmitting less than the critical acceleration to the product.

- For optimum material usage, it is normally desirable to load the cushion to the highest static stress allowed by the curves.
Designing the Optimum Cushion System

Static Loading Determination

Vibration
Fn = 70 Hz
Range: Range > 0.80 Hz

Impact (Shock)
Ac = 70 G’s
Range: 0.66 psi < Range < 1.33 psi

Combined Range
0.80 psi < RANGE < 1.33 psi
Designing the Optimum Cushion System

Points to remember!!!

• Don’t ignore vibration. It’s 100% certain and can be very destructive.

• Sometimes the Vibe & Impact loadings don’t overlap. In this case, rely on the Vibe loading value.

• The procedure used for running cushion curves may have a significant effect on the usefulness of the data.

• The use of ribs in the cushion design can have a very positive result on the design effectiveness.
Designing the Optimum Cushion System

The Use of Ribs (non-linear cushions)

Ribbed (non-linear) design

Rectangular (linear) design
The Use of Ribs (non-linear cushions)

1. In general, the depth of a rib should be approximately 1/2 to 2/3 total cushion thickness.

2. The cross sectional area of material at zero deflection should yield a static loading of 2 or more times the optimum static stress obtained from a cushion curve for that material, thickness and drop height.

3. The cross sectional area of a rib at 25% total deflection should be approximately equal to that which would give the optimum loading for that material from a representative cushion curve.
4. The cross sectional rib area at 50% total cushion compression should equal a static loading approximately 2/3 that called for by the applicable cushion curve.
The Use of Ribs (non-linear cushions)

- Most rib designs are trapezoidal in cross section.

- From a theoretical standpoint the best rib design is a pyramidal cross section.

- A hemispherical cross section also is a good theoretical design.

- Vibration response of a cushion material can be substantially improved through the use of ribs.
The Use of Ribs (non-linear cushions)

- High static loading at the peak of the rib will result in a lower natural frequency for the cushion system.

- The force levels associated with environmental vibration are relatively small and therefore the deflection of the cushion is correspondingly small.

- Deflection will occur at the point of maximum stress and if this is the peak of the rib, that area will strongly influence the vibration characteristics of the entire package system.
Other Issues:

FABRICATION FACTORS

• Sustainability: don’t glue foam to corrugated, etc.
• Highest yield = lowest cost
• Package suppliers have the best ideas for this.

NESTING

• Cushions are bulky. Nesting is vital for shipping & storage.

CORNER PROTECTION

• Most impacts in distribution are on the corners of shipping containers.
• “Void corners” are a big source of damage during shipment for otherwise well designed product/package systems.
Other Issues:

TEST PROCEDURES

• Different cushion test procedures will result in different design data. Learn to use the data best suited for your purpose.
• Different finished package test procedures will likewise give potentially different test results.

OTHER ISSUES

• Deformable cushion systems are harder to evaluate than (nearly) 100% rebounding systems.
• However, similar design and evaluation techniques can be used.
LAST SESSION: Package Design And Evaluation

Step 1 • Define the Environment

Step 2 • Define Product Fragility (or Sensitivity)

Step 3 • Cushion Material Performance Evaluation

Step 4 • Package Design

Step 5 • Test the Product/Package System
QUESTIONS??
Next Webinar: Packaging Dynamics Series

#1: Overview and Definition of Terms – Jan 2015  DONE!

#2: Defining & Quantifying the Distribution Environment Through Which All Products Must Travel – March 2015  DONE!

#3: Determining the Vibration Sensitivity & Shock Fragility of Products; Test Methods, End Results, and Significant Insights  DONE!


#5: Design and Testing of the Protective Package System; How We Know When the Job Was Done Correctly – September 2015
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